THE TROYEVILLE

EST. 1939

Welcome to The Troyeville!
We serve authentic Portuguese cuisine.
Bon appétit!

STARTERS

Caldo Verde / Green Soup (without Chouriço)..... **R55**
With Chouriço **R70**

Lulas Grelhadas / Grilled Calamari **R125**
Falklands calamari tubes grilled & served with lemon and garlic butter.

Cabecas de Lula (Fritas/Grelhadas) **R125**
Squid Heads (Fried/Grilled)
This traditional dish is batter-coated, deep fried & served with sweet chilli sauce.

Mexilhão Fresco / Fresh Cape Mussels **R105**
Fresh mussels in a white wine, garlic & green chilli salsa.

Amêijoa / Clams **R100**
Mozambican clams served in a tomato, onion, green pepper & white wine sauce.

Bife Trinchado de Alcatra / Rump Trinchado **R110**
Cubed Rump served in our traditional homemade Portuguese sauce.

Moelas de Galinha / Chicken Giblets **R80**
Chicken giblets served with garlic, tomato, onion, green pepper & white wine sauce.

Fígados de Galinha / Chicken Livers **R80**
Freshly grilled chicken livers served with fried onion.

Queijo de Cabra / Haloumi Cheese **R90**
Fried goat's milk cheese accompanied with a sweet chilli sauce & a wedge of lemon.

Chouriço / Sliced Chouriço
Traditional Portuguese pork sausage flame-grilled in fire water.
Full Portion **R140**
½ Portion **R80**

Rissóis / Rissoles - Chicken or Prawn (2 pcs) **R55**
Crisp and fluffy Portuguese pastry filled with chicken or prawn filling.

DID YOU KNOW?
Since 1939, The Troyeville has been a Joburg favourite!
From delicious Portuguese food and live rooftop music,
to prawn festivals and sport in the big screen.
All under one roof!

SALADS

Salada Portuguesa / Portuguese Salad
Crisp lettuce with tomatoes, green peppers, onions, carrots & olives.
Large ..... **R75** **Small** **R50**

Salada Grega / Greek Salad
Traditional Greek salad with feta, red onions, lettuce, cucumbers, tomatoes, carrots, peppers & olives.
Large ..... **R90** **Small** **R70**

PRAWNS A CROWD FAVOURITE!

Perfectly grilled prawns drizzled in lemon butter sauce.

12 Camarão Grelhado / 12 Medium Prawns **R240**

8 Camarão Grelhado / 8 Queen Prawns **R325**

6 Camarão Grelhado / 6 King Prawns **R365**

1kg Camarão Grelhado / 1kg Queen Prawns **R600**

1kg Camarão Grelhado / 1kg King Prawns **R700**

Caril de Camarão / Prawn Curry **R245**
Mozambican-spiced prawn curry, prepared in a mild coconut curry sauce.

Caril de Lula e Camarão / Prawn & Calamari Curry **R235**
Mozambican-spiced prawn & calamari curry, cooked in a mild creamy coconut curried sauce.

All served with chips, rice, milho frito, salad, or veggies.

MEAT

Bife à Portuguesa / Portuguese Steak (300g) **R215**
Grilled rump steak seasoned with our famous traditional Portuguese spice, topped with a fried egg.

Espetada de Carne / Espetada **R250**
Cubed rump steak served on a skewer, accompanied by Milho Frito (fried maize cubes).

Trinchado de Carne / Trinchado **R180**
Cubed rump steak topped with our rich Portuguese trinchado sauce.

Prego no Prato / Steak, Egg & Chips (200g) **R170**
Sirloin steak drizzled with our secret Portuguese sauce, topped with a fried egg.

Costeleta de Lombo / T-Bone Steak **R365**
Tender, juicy 500g T-Bone steak, flame-grilled to your liking.

Bife Picanha / Picanha Steak **R395**
Juicy 500g Picanha rump steak, flame-grilled to perfection.

Costeletas de Borrego / Lamb Chops **R285**
A succulent South African favourite, inspired by fresh Portuguese herbs & flavours.

Costeletas de Porco / Pork Chops **R200**
Flame-grilled pork chops, topped with a fried egg & lightly covered with a lemon butter sauce.

Entrecosto de Porco ou Bife / Spareribs or Beef Ribs
Flame-grilled ribs basted in a BBQ sauce.
Full Portion **R450**
1/2 Portion **R250**

All served with chips, rice, milho frito, salad, or veggies.

DID YOU KNOW?
Our meat cuts are sourced with care,
seasoned with love, and
flame-grilled to perfection.

BEST QUALITY GUARANTEE BEST QUALITY

Please turn over

PREGOS & BURGERS

Prego de Carne / Beef Prego R120
Sirloin steak pan-fried in our famous old traditional Portuguese spice, served on a crisp-crusted Portuguese roll.

Prego de Frango / Chicken Prego R105
Flame grilled chicken breast finished off with our famous old traditional spice, served on a crisp-crusted Portuguese roll.

Hamburger / Beef Burger R115
Pure ground beef patty served on a crisp-crusted burger bun with tomato, onion, sliced gherkins & lettuce topped with our traditional sauce.

Hamburger com Queijo / Cheese Burger R130
Pure ground beef patty served on a crisp-crusted burger bun with cheese, tomato, onion, sliced gherkins & lettuce topped with our traditional sauce.

Hamburger de Peito de Frango / Chicken Burger R110
Grilled chicken breast marinated in our secret sauce, served on a crisp-crusted burger bun with tomato, lettuce & onion topped with our traditional sauce.

All served with chips, rice, milho frito, salad, or veggies.

COMBOS

Can't pick just one?
A combo's the answer!

Camarão e ½ Frango / Prawns & ½ Baby Chicken R235
6 Juicy prawns with half a piri piri baby chicken.

Camarão e Lulas / Prawns & Calamari R265
6 Juicy prawns & grilled/fried Falklands calamari.

Frango e Lulas / Chicken & Calamari R240
Half baby piri piri chicken & grilled/fried Falklands calamari.

Seafood Platter (For two) R550
12 Medium Prawns, grilled calamari & hake.

All served with chips, rice, milho frito, salad, or veggies.

DID YOU KNOW?
Piri-piri means "pepper-pepper" in Swahili.
Small chilli, big personality!

Portugal's famous custard tarts (pastéis de nata)
were first made by monks in Lisbon over 200 years ago!

POULTRY

Choice of Mild / Hot / Lemon & Herb

Galinha a Cafreal / Grilled Baby Chicken Piri Piri
Marinated in the true Mozambican tradition, served whole or trinchado style (cut-up).
Full Portion R165
½ Portion R105

Peito de Frango Panado / Chicken Schnitzel R140
Chicken breast crumbed with our famous old traditional Portuguese spice, served with a sauce of your choice.

Caril de Frango / Chicken Curry R185
Cooked in a mild creamy coconut curry sauce with a unique Mozambican spice.

All served with chips, rice, milho frito, salad, or veggies.

FISH & CALAMARI

Maruca / Kingklip R275
Grilled filleted Kingklip topped with a lemon garlic butter infusion.

Linguado Grelhado / Grilled Sole R265
Grilled Sole basted in zesty lemon sauce.

Lulas Grelhadas / Falklands Calamari R225
Falklands calamari tubes flash grilled topped with a lemon garlic butter infusion.

Bacalhau à Brás / Codfish à Brás ..... SQ
Shredded Codfish pan-fried in olive oil, tossed with onions, garlic, thinly sliced potato chips, eggs & finished with olives.

Bacalhau Desfiado / Shredded Cod Fish ..... SQ
Pan-fried with onion, garlic, olive oil & topped with a boiled egg & baby potatoes.

Pescada de Filete Fresca / Fresh Hake R185
Grilled or beer battered, topped with lemon garlic butter sauce.

Pesca do Dia /Sea Bream (Silver Fish) R235
Seasoned and grilled to perfection.

Sardinhas Assadas / Grilled Sardines R190
Grilled the traditional Portuguese way, with coarse salt & green pepper.

All served with chips, rice, milho frito, salad, or veggies.

TRADITIONAL FAVOURITES

Check out our weekday specials!

All stews are served with white rice.

		NORMAL PRICE
	MONDAY	
Jardineira/Beef Stew	R125	R150
	TUESDAY	
Chanfana/Lamb Stew	R220	R250
	WEDNESDAY	
Dobrada/Tripe, Beef, Chouriço & Bean Stew...	R100	R135
	THURSDAY	
Feijoada/Bean Stew with Pork & Beef	R115	R140
	FRIDAY	
Carne de Porco à Alentejana/Pork & Clam Stew...	R100	R135

SIDES / ADD-ONS

	Regular	Large
Side Salad	R30	
Chips	R35	R50
Rice	R35	
Vegetables or Spinach	R35	
Boiled Potatoes	R35	
Mash Potato.....	R35	
Milho Frito.....	R35	

BOYS & GIRLS

Mini Burger (Chicken/Beef)..... R80
Kids Beef Trinchado R85
Kids Chicken Strips R75
Kids Chicken Schnitzel R75

Served with mayo sauce

All served with chips.

HOUSE SPECIALITY DESSERTS

Crème Caramel R70
Sticky Toffee Pudding - with vanilla ice-cream **..... R70**
Bread & Butter Pudding - with vanilla ice-cream **..... R70**
Chocolate Mousse R80
Portuguese Kisses R75
Vanilla Ice-cream & Choc Sauce R65
Pastel de Nata (Lisboa Tradicional) ... R24

SPECIAL OFFER DELICIOUS

NEWS & UPCOMING EVENTS

Visit our website at
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